



Ultimate Keto Low Carb Loaded Broccoli Salad

This Keto Broccoli salad recipe is SO GOOD we just eat it for lunch sometimes! We take it up a notch with cheddar cheese and bacon. And the flavor . . . it's a crowd pleaser for sure!

Broccoli salad is a summer BBQ staple, so we decided to make an easy Keto version. Make an extra batch because you won't have leftovers!

Recipe:

Mix together:

¾ C Avocado Mayo

1 T Apple Cider Vinegar

2 T Granulated Erythritol (Swerve)

Pinch Salt

Dash Black Pepper

Then add in:

4 C Broccoli

5 Slices Bacon, Cooked and Crumbled

6oz Cheddar Cheese, Cubed

3 T Red Onion

Refrigerate and Serve!



The Keto Dad Tips and Tricks:

- We love to cook up a full batch of bacon and save it in the freezer. Use it to crumble into recipes like this, or just eat straight outta the freezer.
- The broccoli is raw!
- We cube the cheddar cheese, but you can shred it as well.
- If you need to adjust the macros, you can take out ¼ C Avocado mayo or decrease the amount of cheese!

Serves: 8, about ¾ C each

Calories: 265, Fat: 24g, Carbs: 5g, Fiber: 1g, (Net Carbs 4) Protein: 7g

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