



Taco Bowl/Walking Tacos

These Walking Tacos bring us back to when we would attend college hockey games. We used to always eat them! They're so easy to make, taste delicious and are a great keto friendly option. We use [Quest Chips](#) instead of Doritos and then add all of the taco fixings. You can mix it right in the bag like you're at a game, or serve in a bowl.

Recipe:

Prepared Taco Meat

(Ground beef, carnitas or shredded chicken)

Here's our recipe for [Taco seasoning](#)

Taco Fixings:

Tomatoes

Shredded cheese

Shredded lettuce

Sour cream

Guacamole

Salsa

Keto Chips (we use [Quest Chips](#))



If you're tailgating etc, serve straight out of the bag! At home we prefer to add about half a bag of chips to a bowl, then add our taco meat and toppings.

The Keto Dad Tips:

- Use our [DIY Taco Seasoning!](#)
- Freezes and reheats easily
- Love tacos? Give our [Crockpot Chicken Tacos](#) recipe a try
- [Quest Chips](#) are a great Keto option
- [Hilo Chips](#) are popular too!

Carbs will vary based on the brand of chips used and on toppings!

SimpleFunKeto.com

Facebook: The Keto Dad Instagram: @theketodadlife YouTube: The Keto Dad