

Pepperoni Chips

Looking for a quick and easy snack? These Pepperoni Chips are absolutely delicious and only take a few minutes to make. It can be hard to find a nitrate free pepperoni, so these would go under the "dirty keto" category. But they can still be a fun occasional snack for most people!

Recipe:

Preheat oven to 400 Line baking sheet with parchment paper Lay Pepperoni out

Cook for 5-7 minutes

Let cool slightly and enjoy!!



The Keto Dad Tips and Tricks:

- Use Salami instead of pepperoni
- Spice it up by adding cheese and making our Pepperoni Bullseyes
- Bake or try them in the Air Fryer

1 Serving is about 15 slices

Macros: Calories: 150 Fat: 14g, Carbs: 0g, Fiber: 0g, Protein: 5g

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