



Feta & Pesto Eggs

Level up your breakfast with this delicious Feta Pesto Egg recipe! It's super simple and is bursting with flavor! Enjoy it sunny side up or scrambled, however you prefer.

Recipe:

- 1 Egg
- 2 Tbsp Feta Cheese
- 1 Tbsp Pesto Sauce (we had a basil pesto)
- 1 tsp Olive Oil

Use olive/avocado oil or spray your pan to keep your eggs from sticking.

Add feta cheese to your skillet and cook on low heat until slightly melted. Then add on your pesto and crack an egg on top. Cook to your liking and enjoy!

You can make your eggs sunny side up or scramble them first and pour that on top.



Macros: Calories 220, Fat 19 g, Carbs 3g, Fiber 0g, (Net Carbs 2) Protein 9g

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