



# Easy Roasted Radishes

These Radishes are a perfect Keto or Low Carb side dish for any meal. It took me YEARS (can you believe it?!) to give them a try. . . and they really do taste like potatoes! We love pairing ours with hearty steak and salad.

## Recipe

1 lb Radishes  
2 T melted butter, avocado oil or olive oil  
Season well - we love Garlic Salt and Kinder's Buttery Steakhouse Seasoning  
Other options: Thyme, Rosemary

Start by washing and quartering 1 lb of radishes. Place them on parchment paper and pour butter over and season them. Toss to coat with butter and seasoning.

Roast on parchment paper for 30 minutes at 400 degrees, toss halfway through.



## The Keto Dad Tips and Tricks:

- Pairs great with a side salad and any source of protein!
- Feel free to use any type of seasoning for taste.

Makes 1 lb, serves 6

Calories: 45, Fat: 4g, Carbs: 1g, Fiber: 1g, (Net Carbs 0) Protein: 1g

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