



# Caprese Zoodle Salad

Take your Caprese Salad to the next level! Fresh Zoodles add a delicious crunch and the mozzarella balls and tomatoes are delicious! This Keto version will be the perfect side dish . . . or lunch!

## Recipe:

2 Zucchini, Spiralized  
1 C Cherry Tomatoes  
2 T Fresh Basil  
1 C Mozzarella Balls  
3 T Balsamic Vinegar  
2 T Olive Oil  
Pinch Salt, Dash Pepper



Spiralize the Zucchini, add in the Cherry Tomatoes, Basil, Mozzarella, Vinegar and Olive Oil. Season with salt and pepper!

Refrigerate for 2+ hours.

## The Keto Dad Tips and Tricks:

- Make extras! This is a great lunch.
- This is a salad you can make the morning of your lunch or dinner. Letting it sit in the fridge for a few hours is great!

Serves 8

Calories: 130, Fat: 9g, Carbs: 4g, Fiber: 1g, (Net Carbs 3) Protein: 6g

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